



**Optimizing brain and cognitive health:**

**Now: What works?**

**Future: What's on the horizon?**

**April 8-10, 2026**  
University of Arizona

**Wednesday, April 8, 2026**

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**Location:** Westward Look Wyndham Grand Resort  
245 East Ina Road  
Tucson, Arizona  
520-297-1151

**Pre-meetings**

9:00 – 12:00 **Precision Aging** -Moderators: Ron Lazar, Carol Barnes (Desert Room)  
**Neuromodulation** -Moderators: Keith McGregor, John Williamson (Palm Room)

12:00 – 1:00 Lunch all Pre-meeting groups (Palm Room)

1:00 – 4:00pm **Artificial Intelligence** -Moderators: Ihtsham Haq, Arne Ekstrom (Desert Room)